

Breast Cancer and Cervical Cancer awareness program was conducted by the Department of Community Medicine on 20th April 2026.

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Location: Anganwadi Centre, Chinnamangalaram

Activities: Health Talk on :

1. Breast cancer awareness
2. Self Breast Examination
3. Cervical cancer awareness
4. Importance of HPV vaccination
5. Interactive Q&A session

Audience Response: Participants were attentive, interactive and showed a positive response towards adopting preventive practices



A multi-speciality Health camp was organised at JIVA VEDA PATHASHALA on 18th April 2026

A multi-speciality Health camp was organised at **JIVA VEDA PATHASHALA** on 18.04.2026 by the dept of **paediatrics, ENT, Ophthalmology & Dermatology** with the support of Bhaskar seva team.

No of beneficiaries: 150 vedic students were screened for various ailments and few of the students with health issues were referred to Bhaskar hospital.



Interdepartmental CPD session between Dermatology and Pharmacology was held on 8th April 2026 on the topic "Drugs in Dermatology."



Interdepartmental CPD: Psychiatry and Pulmonology – Comprehensive Management of Hyperventilation Syndrome (HVS), 1st April 2026

An engaging discussion on 1/4/26 was conducted between the dept of Psychiatry and Pulmonology focusing on the comprehensive management of Hyperventilation Syndrome (HVS)

Key takeaways

- 1) Differentiation of HVS from organic respiratory pathology
- 2) Role of anxiety, panic disorders, and psychosocial triggers
- 3) Integrated approach combining breathing retraining and psychological interventions

Presented by:

Dr. Akhil - PG 3rd year - pulmonology

Dr. Pavan- PG 3rd year - psychiatry

This collaboration highlighted the need for a multidisciplinary approach to improve patient outcomes and reduce diagnostic delays.

