

World Suicide Prevention Day on 10th September 2026

On the occasion of World Suicide Prevention Day, the Department of Psychiatry and community medicine came together to spread awareness about suicide prevention and the importance of mental health.

Venue: Lecture gallery 4 and Psm demo hall

Target audience: Medical students and faculty members

List of activities conducted:

- 1) Series of health talk were given by the various faculty on various facets of mental health.
- 2) Most of the speakers emphasized on the warning signs and recognition, encouraging open conversations regarding mental health related issues.
- 3) Clinical psychologist gave a brief talk on coping strategies
- 4) At the end of the session pledge on suicide prevention was recited by the faculty members and MBBS students of Bhaskar medical college.







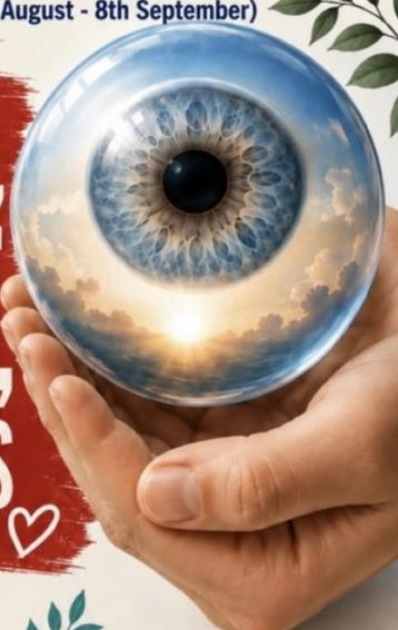


National Eye Donation Fortnight on 15th September 2026

In view of **National Eye Donation Fortnight -2026**(25th August - 8th September),
ophthalmology department celebrated World eye donation day on 15/9/26.

Theme for 2026: “Donate eyes, Gift sight, Transform lives”

AIM: To raise awareness about corneal blindness and encourage voluntary eye pledges after death



BHASKAR MEDICAL COLLEGE
Bhaskar Nagar, Yenkapally(V), Moinabad(M),
R.R.Dist, Telangana

DEPARTMENT OF OPHTHALMOLOGY

EYE DONATION FORTNIGHT 2026 (25th August - 8th September)

**PLEDGE YOUR EYES,
GIFT SIGHT,
TRANSFORM LIVES**

One decision can restore sight to someone in need.
Donate Eyes. Be the Light.

CORNEAL DONATION: GIFT OF SIGHT

1 MARKING 2 CORNEAL BUTTON EXCISION 3 EXCISED CORNEAL BUTTON

**PLEDGE YOUR EYES
THE GIFT THAT
LIVES ON**

Be an **EYE** donor. | **GIVE SIGHT** ♥ **CHANGE LIVES**

DEPARTMENT OF OPHTHALMOLOGY
BHASKAR MEDICAL COLLEGE
YENKAPALLY (V) MOINABAD (M) R.R (DIST)

We cordially invite you to the celebration of
National Eye Donation Fortnight – 2026 (25th August – 8th September)

Theme :

"Donate eyes , Gift sight , Transform lives"

Date : 15th September 2026

Time : 12 PM to 1 PM

Venue : Seminar Hall, Department of Ophthalmology

Topics :-

Introduction	Dr. Md. Ather Professor & HOD , Ophthalmology
Eye Donation	Dr. K.S. Madhura , Assistant Professor
Corneal preservation	Dr. Navyatha.P , 1st year PG
Penetrating Keratoplasty	Dr. E. Laharika, 1st year PG
Lamellar Keratoplasty	Dr. Jagruthi.D , Senior Resident

Vote of Thanks – Dr. Sanskriti Reddy, 1st year PG

Followed by refreshments



Professor & HOD

Head of the Department
Department of Ophthalmology
Bhaskar General Hospital &
Bhaskar Medical College
Yenkapally(V), Moinabad(M), R.R.(D)



Medical Superintendent

MEDICAL SUPERINTENDENT
Bhaskar Medical College & Hospital
Bhaskar Nagar, Vill. Yenkepally.
Mdl. Moinabad, R.R. Dist. T.S.



Dean

DEAN
Bhaskar Medical College
Yenkapally (V), Moinabad (M), R.R. Dist.

National pharmacovigilance Week on 17th - 23rd September 2026

6th National Pharmacovigilance Week was celebrated by pharmacology department for 1 week (17/09/26 -23/09/26)

Theme: Promoting Rational Use of Medicines through pharmacovigilance: A Step Towards Safer Healthcare

Goal: Mainly to increase awareness about adverse drug reaction reporting, enhance medication safety, and encourage public and professional participation.

List of activities conducted for a week:

- 1) Series of lectures given by the distinguished faculty, mainly highlighting on theme.
- 2) Poster making activity was conducted among the medical students.
- 3) Essay writing competition on this years theme was given to Pharmacy students
- 4) Quiz competition was conducted for Nursing students.
- 5) Also, faculty addressed on the self medication practices among health science students.





Bhaskar Medical College and Hospital
Bhaskar Nagar, Yenkapally (V), Moinabad (M), R.R. Dist.

Ref.No 108/BGH/ ADMIN/ CAMP / 2026

Date: 17-09-2026

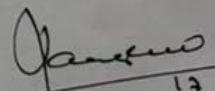
CIRCULAR

Health Camp is scheduled at **Government High School, Kanakamamidi (Village)** on **19-09-2026, Saturday**.

The following Doctors and para Medical staff are directed to assemble at reception by **09:15 am sharp** to proceed to the location. The camp timings are from 9:30 am to 1:00 pm. Faculty , PGs and interns are requested to bring their own stethoscope, and should maintain their own camp register.

- General Medicine - Dr. Sudhakar Reddy (SR) & Dr. Vaishnavi (PG) and One Intern
Ophthalmology - Dr. Ananya (PG) & Two Interns
Pediatric - Dr. Brijesh (Asst Prof) & Dr. Ateeqa (PG) and Dr. Aiman (PG) & Two Interns
ENT - Dr. Srinidhi (SR) & Dr. Sushma (PG) and One Intern
DVL - Dr. Sruthi (SR) & Dr. Mounika (PG) and Dr. Vennela (PG) & Two Interns
Physiotherapist - Dr. Sarala
Dental - 06
MSW - Veeranna (MSW) and Interns - 06
Nursing staff - 02
Camp Coordinators - Dr. Kranthi, Bhaskara Seva Coordinator
Asst.coordinator - Mr. Nagaraju
PRO - Venkatesh

Doctors will conduct OPs & Cases requiring investigations and admissions to be referred to the Bhaskar General Hospital to the concerned specialties.


17.9.26
Addl. Medical Superintendent

Copy to
Promoter,
CEO, DEAN, MS
Principal, SBDC
UG/PG Advisor Vice principal
Professor & HODs of respective Departments
Camp Coordinator, AHA/ AHM
Nursing Superintendent, CVSO, Individuals
Transport in charge to provide transport –bus is required.

World Heart Day on 19th September 2026

World Heart Day was celebrated in Bhaskar medical college on 29/9/26.

Theme: “Don’t miss a beat”

Core focus areas:

Recognise the signs

Protect your heart

Demand action

Day highlights:

1) Guest lectures bridging both adult and paediatric cardiology topics

2) Dr Sreenivas Kumar, interventional cardiologist from Apollo hospitals, gave lecture on TAVR and CHIP.

i) Both are distinct, minimally invasive catheter- based treatment procedures.

II) Indicated for high risk patients, who can’t tolerate open heart surgeries.

4) Dr Shatabdi giri, paediatric cardiologist from Yashoda hospitals, gave lecture on cyanotic heart diseases(CHD)

I) Addressed on structural heart defects present from birth, its clinical presentation, signs and symptoms.

II) Critical role of early detection through fetal echocardiogram and newborn screening ms to safely guide through adulthood.





BHASKAR MEDICAL COLLEGE & BHASKAR GENERAL HOSPITAL

Bhaskar Nagar, Yenkapally(V), Moinabad(M), R.R.Dist



Theme: "USE HEART FOR ACTION"

- Don't Miss a Beat



WORLD HEART DAY
Healthy Heart ♥ Healthy Life

2 Days Activities in View of "World Heart Day"

29th & 30th - September 2026

Free Consultation and Tests on 30.09.2026

Guest Lecture By Eminent Doctors on 29.09.2026



Dr. Sreenivas Kumar
M.D.D.M (SGPGI) FACC
Senior Consultant Interventional Cardiologist Apollo Hospital, Jubilee Hills Hyderabad

Topic: CHIP & TAVR
Introduction and Update



Dr. Shatabdi Giri
M.D (Paediatrics)
DNB (Paediatric Cardiology)
Yashoda Hospital, Hitec City, Hyd.

Topic: Approach to Congenital Cyanotic Heart Disease

Moderator



Dr. KRM Rao
MD:DM: FCSI: FICC
Consultant Cardiologist,
Bhaskar General Hospital

Risk Factors

- High Blood Pressure
- Diabetes
- High Cholesterol
- Smoking & Tobacco
- Obesity / Overweight
- Lack of Physical Activity
- Unhealthy Diet
- Excessive Alcohol
- Stress
- Family history of heart disease

Warning Signs

- Chest pain, pressure or tightness
- Pain spreading to arm, shoulder, jaw or back
- Shortness of breath
- Excessive sweating
- Sudden dizziness or fainting
- Unusual tiredness or weakness
- Nausea or vomiting
- Fast or irregular heartbeat

Preventive Measures

- Protect Your Heart
- Eat healthy • Stay active
- Avoid tobacco • Control BP & Diabetes
- Get regular check-ups



Free 2D Echo, ECG



Free TMT



Free Cardiology Consultation

*A Healthy Heart
for a Brighter Future*



