

The **Department of Paediatrics, Bhaskar Medical College & General Hospital**, successfully conducted the **IAP ALS–BLS (Advanced Life Support – Basic Life Support) Training Workshop** from **19th to 21st September 2025** at the **BMC Auditorium**. The workshop was organized in collaboration with the **Indian Academy of Pediatrics (IAP)** with the objective of enhancing the life-saving skills of healthcare professionals in managing pediatric emergencies.

The intensive three-day training program offered participants comprehensive, hands-on experience and practical demonstrations on advanced resuscitation techniques. Emphasis was placed on both individual and team-based approaches to emergency care. The sessions were expertly led by trainers from the IAP ALS–BLS Group, including **Dr. G. Sudhakar (Course Coordinator)**, **Dr. K. Rafiq Ahmed**, **Dr. Anjul Dayal**, **Dr. Manisha Varma**, and **Dr. Mounika Reddy (State Coordinator, Telangana IAP-ALS)**, who guided participants through simulated emergency scenarios and evidence-based pediatric and neonatal resuscitation protocols.

The workshop witnessed enthusiastic participation from **45 delegates**, including postgraduate students and faculty members from various medical colleges across **Telangana and Andhra Pradesh**.

Dr. Daruru Ranganath, Professor and Head, Department of Paediatrics, along with **Dr. Thanda Prasad** and **Dr. Cheeti Srinivas Kalyan Rao**, Professors of Paediatrics, expressed heartfelt gratitude to the management, faculty, and IAP trainers for their unwavering support and contribution.

The program concluded with the distribution of certificates and a reaffirmation of the participants' commitment to providing prompt, effective, and high-quality pediatric emergency care.

BHASKAR MEDICAL COLLEGE & GENERAL HOSPITAL

IAP ALS - BLS
TRAINING WORKSHOP

DEPARTMENT OF PAEDIATRICS

WELCOMES
ALL DELEGATES & FACULTY

Date: 19th to 21st September, 2025
Venue: Auditorium, BMC



Continuous Professional Development (CPD) - "Neural Circuits of life and Emotions: Brain stem meets Limbic System" – By Dept. of Anatomy – 03rdSeptember 2025.

A Continuing Professional Development (CPD) session on “**Neural Circuits of Life and Emotion: Brain Stem Meets Limbic System**” was successfully conducted by the **Department of Anatomy, Bhaskar Medical College**, on **3rd September 2025 (Wednesday)** at **MEU**. The program was organized with the aim of enhancing the understanding of neural connectivity and the physiological mechanisms linking the brain stem and limbic system among healthcare professionals and medical educators.

The full-day program, held from 9:00 AM to 5:00 PM, was attended by more than **100 participants**, including faculty members, postgraduate students, and interns from various departments. The event was graced by **Smt. Dr. B. Deepika Garu**, Advisor, Bhaskar Medical College. The program was convened by **Dr. B. Shruthi**, Professor of Physiology, and **Dr. Massarat Begum**, Professor of Physiology, with **Dr. Syeda Nasreen Fatima**, Professor & HOD Department of Anatomy.

The session began with registration and an **introduction to the program** by **Dr. Syeda Nasreen Fatima**, followed by a series of expert lectures on anatomical and physiological correlates of the brain stem and limbic system. **Dr. B. Sirisha**, Assistant Professor of Anatomy, delivered a session on *Limbic System Anatomy*, while **Dr. Syeda Nasreen Fatima** presented on *Brain Stem Anatomy*. The inaugural session featured a lamp-lighting ceremony and welcome address by **Dr. Saraswathamma**, Associate Professor of Anatomy.

Subsequent sessions covered an array of interdisciplinary topics:

- **Brain Stem Physiology – Consciousness, RAS, and Reflex Control** by **Dr. B. Shruthi**
- **Limbic System Physiology – Emotions, Memory, and Autonomic Regulation** by **Dr. Massarat Begum**
- **Radiological Correlation (MRI/CT)** by **Dr. Humsene**, Professor of Radiology
- **Surgical Lesions and Interventions at the Brain Stem–Limbic Interface** by **Dr. M. Sundeep**, Professor of Neurosurgery
- **Neuropsychiatric Disorders of Arousal and Emotions** by **Dr. Lokesh**, Professor of Psychiatry

The afternoon included a **practical demonstration on the Brain Stem and Limbic System** led by **Dr. T. Meena** and **Dr. Reshma Sultana**, Assistant Professors of Anatomy. The **valedictory session** was conducted by **Dr. Abid Ali**.

The CPD program provided a comprehensive overview of neuroanatomical and neurophysiological interactions underlying life and emotion, emphasizing integrative learning through anatomy, physiology, radiology, neurosurgery, and psychiatry.

The session concluded followed by **feedback collection and certificate distribution** by the organizing team. Feedback from participants reflected a high level of satisfaction with the content, delivery, and interdisciplinary approach. The event successfully fostered academic collaboration and reinforced the importance of neuroanatomical understanding in clinical practice.

The Department of Anatomy expressed gratitude to all speakers, participants, and the college administration for their support and appreciation for the organizing committee's efforts in making the CPD a valuable academic experience for all attendees.



**Continuous Professional Development (CPD) - "Your safety just a click away: Report to PvPI" –
22nd September 2025 – By Dept. Of Pharmacology**

Theme is “Your safety just a click away: Report to PvPI”.

A Continuing Professional Development (CPD) Session on Pharmacovigilance was successfully conducted on (22-09-2025) at Lecture hall IV - Bhaskar Medical College aimed at enhancing the knowledge and awareness of healthcare professionals regarding drug safety and adverse drug reaction (ADR) reporting.

The Session was attended by 120 participants, including pharmacists, health care practitioners, and post graduate students. The program commenced with a welcome address by **Dr. K. Jyothsna**, Professor & HOD Pharmacology, followed by an expert lecture delivered by **Dr. D. M. Ravichand**, specialist in pharmacovigilance and drug safety. He presented “Recent updates on Beta receptors A New Discovery Targets”. Pharmacovigilance expert **Dr. A. Srinivasa Rao** spoke about essential topics such as the importance of pharmacovigilance, global and national regulatory frameworks, and Professor **Dr. Geeta Soren** covered types of ADRs, methods of detection, causality assessment and the procedure for reporting adverse events.

Interactive case studies and real-world examples were discussed to emphasize the practical aspects of ADR reporting was done by **Dr. Sindhura** and **Dr. Sai Venkat**. Participants were encouraged to actively engage and share their experiences, which fostered a collaborative learning environment. A hands-on demonstration of how to fill ADR REPORTING Forms (e.g. via the vigiFlow system or local pharmacovigilance platform) by **Dr. M. Somasekhar** was also included. CPD quiz was conducted by **Dr. K.S. Dhishan Sai**. Prize distribution done by **Dr. P. V. Chalam**, Dean and Principal of Bhaskar Medical college to Prize winners of Poster competition, Essay writing competition and role play by undergraduate students. Guest speaker was felicitated by **Dr. P. V. Chalam** sir.

Feedback collected from attendees indicated a high level of satisfaction with the session’s content, delivery and relevance to professional practice. Many expressed increased confidence in identifying and reporting ADRs.

The session concluded with a vote of thanks and distribution of CPD certificates to participants. Overall, the CPD session significantly contributed to capacity building and emphasized the critical role of pharmacovigilance in ensuring patient safety and effective healthcare delivery.



Guest Lecture – Topic: “Minimally Invasive Surgery in Gynaecology” on 11th July, 2025

Guest Lecture was delivered by speaker Padmashree **Dr. MANJULA ANAGANI**, MD, FICOG, Consultant OBGYN, Laproscopic & Robotic Surgeon, Urogynecologist, Clinical director and HOD Care Hospitals & Arete Hospitals on the topic ‘Minimally Invasive Surgery in Gynaecology’ on 11th July, 2025. She received the Padma Shri Award in the year 2015 for distinguished service in the field of Medicine by the President of India. Event was graced by Dr. B Deepika Ma’am, Promoter of Bhaskar Medical College, Dr. B Ram Mohan Rao Sir, Member of Joginapally Bhaskar Rao Sir Educational Society, Dr. V. Vijay Sreedhar Sir, Dean of Bhaskar Medical College, Medical Superintendent Dr. G V S Moorthy Sir, CEO - Dr. M V Rama Rao Sir. The event was attended by all the faculty and postgraduates of departments OBGYN and General Surgery.



International Yoga Day Celebrations – 21st June 2025

Theme: Yoga for one Earth, one health.

On the occasion of **International Yoga Day** on **21st June 2025**, **Bhaskar Medical College** organized a vibrant and insightful **Yoga Activity and Awareness Programme**. The event was meticulously coordinated in collaboration with renowned yoga expert **Mr. Krishna** and his dedicated team.

The programme commenced with a dynamic **demonstration of classical yoga asanas, yogic dance, and laughter yoga**, skilfully led by Mr. Krishna and his associates. This was followed by the active participation of students and faculty, who performed the demonstrated practices with enthusiasm. The session effectively conveyed a strong message on the significance of incorporating yoga into daily life to enhance **physical, mental, and emotional well-being**.

An enriching **interactive and motivational session** was conducted by **Dr. B. Deepika**, Promotor– Bhaskar Medical College & SBDC, Member of the Joginpally B.R. Education Society and JBES Educational Society. A distinguished alumni of Deccan Medical College and MD in Family Medicine from Cook County Hospital, Chicago, Dr. Deepika engaged the audience with a thought-provoking talk on “**What to Practice and What to Let Go**”, centered around the yogic principles of **Abhyasa** (persistent practice) and **Vairagya** (detachment). Her session was highly appreciated by both students and faculty for its philosophical depth and contemporary relevance.

As part of the **nationwide celebrations**, the audience viewed the **live telecast of Hon’ble Prime Minister Shri Narendra Modi’s address** from Visakhapatnam, organized by the Government of Andhra Pradesh. In his message, marking the **11th International Day of Yoga**, the Prime Minister emphasized on yoga’s global impact and its role in fostering **inner peace, unity, and harmony with nature**. Yoga is not a religious activity, it is beyond religions and can be followed by people of all faiths, as told by our Hon'ble Prime Minister.

The programme concluded with an **enlightening talk** by **Dr. Sharma**, Consultant Urologist, who shared valuable insights into the **history and health benefits of yoga**, particularly its effectiveness in **stress management** and promotion of **holistic wellness**.

A **brief initial write-up for the programme** was contributed by **Mr. M. Dhanush Kashyap**, **2nd-year MBBS student from the 2023 batch**, adding a thoughtful student perspective to the event documentation. The programme witnessed **wholehearted participation** from students, teaching, and non-teaching staff of Bhaskar Medical College and Hospital. Their active involvement played a vital role in the success of the programme, reinforcing the importance of integrating **yoga into everyday life as a timeless discipline** in modern medical and personal life.



Goal :- An Empathic, compassionate, knowledgeable, globally relevant doctor

Goal is harmonious relationships

(Practices)

Abhyasa

Communication
Right kind of Attitude
Understanding other's perspective

BONDING
PROACTIVENESS
Affection
Love
Good Listener
Caring

Forgiveness

(Detachment)

Vyragya Judgmental

Anger
EGO

Ignorance
Provocation

Cold War
Selfishness
Jealousy
Negativity
Argument



Students & Staff performing Yoga

VAKRASANA

Message by Prime minister Shri Narendra Modi



19th IAP Paediatric PG QUIZ 2025

Department of Paediatrics, Bhaskar Medical College, has conducted college round of **19th IAP Paediatric PG QUIZ 2025** under Dr. Daruru Ranganath, Professor and HOD, Chairperson of the Quiz. The winners of the Quiz are Dr. R. Snigdha (3rd Year Junior Resident) and Dr Uzma Butool (1st Year Junior Resident). The winners would be representing Bhaskar Medical College in zonal rounds.

