



**Dr. Samatha Poliseti**

**MBBS 2008 Batch**

***Diploma in Ophthalmology***

***Postgraduate Diploma in***

***Obstetrics and Gynecology***

***Fetal Medicine Fellow (2022)***

***Founder, Sathyu***

***(Mother and Child skincare Brand)***

***Founder and Consultant,***

***Hello Mama Maternity Clinic***

My undergraduate years at Bhaskar Medical College were truly foundational in shaping both the doctor and the person I am today. It was there that I learned not just the science of medicine, but the art of being a clinician—listening with empathy, thinking critically under pressure and treating every patient with compassion and respect.

The clinical exposure, guidance from mentors and hands-on experiences instilled in me a sense of responsibility and confidence that continues to guide my practice.

Equally important were the friendships I built during those years. What started as shared lectures, late-night study sessions and hospital duties grew into lifelong bonds. Today, those same friends are trusted colleagues across various specialties, forming a strong and reliable referral network that enhances the care I can provide to my patients.

**Bhaskar Medical College didn't just give me a degree**

- **it gave me a community, a support system and a lifelong professional foundation.**



**Dr. C. S. Surya Goud**

**MBBS - 2010 Batch**

***Scientist–C (Medical),***

***ICMR-National Institute of Nutrition***

### **About My Journey:**

Completing my MBBS at Bhaskar Medical College was a defining phase of my professional and personal growth. Currently, I am engaged in public health nutrition research focusing on malnutrition, tuberculosis and non-communicable diseases. My work includes projects on low-sodium salt interventions for hypertension and large-scale national surveys such as the Dietary and Biomarker Survey of India (DABS-I).

I also collaborate with government departments on community-based nutrition programs and contribute to teaching and clinical services.

### **Memorable Experiences:**

My time at the college was enriched by peer learning, faculty mentorship and leadership opportunities. Serving as the Class Representative for the 2010 MBBS batch was particularly meaningful, as it helped me develop the communication and coordination skills that guide me in my current role.

### **What the College Gave Me:**

The college provided a solid clinical foundation, discipline in medical practice and an early appreciation for community-oriented healthcare. This exposure shaped my inclination toward public health and research.

### **Skills and Values That Stay With Me:**

- Commitment to patient-centred care
- Teamwork and leadership
- Ethical medical practice
- Adaptability and continuous learning

### **Message to Current Students:**

Make the most of your time in medical school by developing your curiosity, interpersonal skills and sense of purpose. Medicine today extends beyond clinical practice into research, policy and community health. Stay open to these opportunities and strive to make a meaningful impact on society.

**I am grateful to Bhaskar Medical College for laying the foundation of my career.**



**Dr. Harish Katta**

**MBBS - 2011 Batch**

***MS General Surgery,  
Doctorate in Neurosurgery,  
Care Hospitals, Banjara Hills***

***Consultant,  
Vasavi Hospital, Lakdikapul  
and Evya hospital***

At Bhaskar Medical College during my under graduate period - good aspects which shaped me is the teaching we have in Bhaskar from day 1 Anatomy to final year Surgery ...

Good lecturers with lots of experience imprinted their knowledge into our brains... Anatomy classes from Dr. Vijaya Saradhi Sir was one of the main reason for me to get interest in surgical branch and achieve that successfully.

To current students, I would say - believe in yourself and respect your teachers and parents, you will be successful in life.

**Thank you BMC for all the pillars provided for my journey**



**Dr. Mohammed Zeeshan Uddin**

**MBBS - 2013 Batch**

***MD Hospital Administration,***

***Nizam's Institute of Medical Sciences***

***Assistant Medical Superintendent,***

***AIG Hospitals, Hyderabad***

**Bhaskar medical college will always hold a special place in my heart.** My journey of MBBS at BMC has been one of the most transformative phases of my life. When I first stepped into the college, I carried a mix of excitement and uncertainty. Over the years, that uncertainty slowly evolved into confidence, shaped by countless experiences—both challenging and rewarding.

Interacting with patients from diverse backgrounds taught me lessons that no textbook ever could. It was not just about diagnosis and treatment, but about empathy, communication, and understanding human resilience. Academically, BMC provided a strong foundation. There were moments of stress, especially during exams and long postings, but those experiences built my endurance and time-management skills. Group studies, late-night discussions and last-minute revisions with friends are memories I will always cherish.

Beyond academics, the college environment helped me grow as a person. I learned the importance of teamwork. Cultural events, fests and informal gatherings gave us a much-needed break and strengthened friendships that I believe will last a lifetime. These interactions taught me balance—how to manage responsibilities while still making time for joy.

The skills I gained during my MBBS extend far beyond medical knowledge. To the current and future students, I would say: make the most of these years. MBBS is not just about passing exams; it is about becoming a better human being. Stay curious, ask questions and don't be afraid to make mistakes—they are part of learning. Take care of your mental and physical health, support your peers and never lose sight of why you chose this profession.

In the end, these years will pass quickly, but the lessons, friendships and values you gain will stay with you forever. And no matter where life takes me next, one truth will remain -

**I will always be a Bhaskarite at heart and in the world beyond,  
I may be known as a NIMSian, but my soul will always echo BMC.**



**Dr. Vineetha Giduturi**

**MBBS - 2015 Batch**

***Senior Resident,***

***Apollo Medical College,***

***Hyderabad.***

I completed my **MD in General Medicine** and am currently working as a Senior Resident at Apollo Medical College, Hyderabad. My MBBS journey at Bhaskar Medical College was truly memorable and transformative.

It was here that I built **my foundation in medicine—both academically and personally**. The consistent guidance from dedicated faculty, structured lectures and regular clinical exposure played a crucial role in shaping my basics. While there is always scope for growth in areas such as patient load, emergency services, availability of advanced equipment and expansion into superspecialty branches, the institution provided me with the essential platform to grow and evolve.

Beyond academics, I actively **participated in extracurricular activities**, including basketball, which taught me teamwork and resilience. I was also awarded 2nd prize in a Microbiology seminar, an experience that enhanced my confidence and communication skills.

One of the aspects I truly appreciated about my college was the **quality of teaching** and lectures, which helped simplify complex concepts and build strong fundamentals. These fundamentals later became the backbone of my postgraduate training and current clinical practice.

The most important skills I gained during my MBBS were confidence and a structured clinical approach to problem-solving, which continue to guide me in my everyday practice.

During my postgraduate years, I developed a strong interest in academics and research, leading to multiple publications in reputed journals across various specialties, further strengthening my commitment to evidence-based medicine.

I look back at my journey with deep pride, gratitude and a sense of nostalgia that I will always carry with me. These are memories and experiences I will revisit time and again, no matter how far I go in my career. Bhaskar Medical College will always remain an integral part of who I am. This was the place that taught me endurance, patience, clinical skills and where I had made friends which will last a lifetime. I also learned to conduct fests and organise them.

**I am grateful and thankful to the college for becoming what I am today and shaping me into what I am today.**



**Dr. Bhavana Manikonda**

**MBBS - 2019 Batch**

***Global Healthcare Management,  
University College London***

I am currently pursuing **Global Healthcare Management at UCL**, one of the world's leading institutions (ranked 9th in the world). I truly believe that **this journey has been possible because of the strong foundation laid during my time at Bhaskar Medical College.**

My MBBS years were filled with unforgettable experiences, especially during internship, where I was able to live my dream of serving patients and understanding their needs firsthand. One of the most impactful aspects of my training was the introduction of the NMC CBME Curriculum and Electives, which helped me explore my interests. My posting at NIMS in hospital administration was a turning point where I discovered my passion for Healthcare Management and Leadership.

The college has always been defined by its **incredibly supportive faculty and mentors**. The mentorship program is truly exceptional. I strongly encourage students to make the most of it. The faculty have always been approachable, guiding us not just academically but personally, often caring for us like their own family.

The hands-on clinical exposure, especially in operation theatres and emergency departments was invaluable. I still remember practicing suturing during night duties with the constant support of PGs and faculty, which built both my confidence and clinical skills. The discipline, responsibility and work ethic instilled in me, along with close mentoring, have shaped me into a better clinician and a better human being.

To all current students, I would say - dream so big and do not limit your ambitions. The support and opportunities available at Bhaskar are exceptional, you can achieve anything you set your mind to.

**I am deeply grateful to this institution, not just for my education,  
but for the person I have become today and for the lifelong friendships I cherish.**