Bhaskar Medical College Foundation Course Time Table -1st August to 31st August2019

			TIMETABLE W	EEK-1		
TIME	1-8-19 Thursday	2-8-19 Friday	3-8-19 Saturday	5-8-19 Monday	6-8-19 Tuesday	7-8-19 Wednesday
9-10 am	Welcome to Freshers: Address by the DEAN , Principal and others – students and parents	History of medicine Introduction to alternate health care systems in the country and their relevance and relationship to the practice of modern medicine	Career pathways & personal growth skill requirements and certifications	Role at various levels of heath care delivery system	Hand washing needle /scalpel stick injuries	Universal precautions and vaccinations
10-11am	Orientation of the students to the Medical College-Rules & Regulations, Faculty introduction	MBBS curriculum description , examination , University rules regarding examination and attendance	Student's expectations from society and nation , institution, teachers, peers and colleagues and from patients EASSY WRITING	National health priorities and policies	Immunisation requirements of health care professionals	Patient safety and biohazard safety
11-12pm	Orientation: See Table-1 Group A :Roll No 1-25.G) C:Roll No51-75. Group D:	Roll No76-100.GroupE:Rol	No101-125, Group F:Roll No	0126-150
12-1pm	The Medical College, Or	• •	a) Rules and regulation b)	• •	ty visits – library, hostels , s	
1-2pm			LU	ΝСΗ		
2-3 pm	Doctor's role in Society Expectations of society from doctors Expectations of patients from doctors DEBATE	Doctor's role in Society Expectation of the profession from its members Roles and responsibilities of doctors DEBATE	Students expectation- relating to patients experience of the disease EASSY WRITING	Documents pertaining to MBBS Course from the Medical Council of India	Handling biomaterial/	Principles of family practice
3-4pm	Local language	English language	Computer skills	E learning & Self	How to Use of	How to do Literature
	Introduction and	Introduction and	Introduction and	Directed learning	online resources	search
	importance SPORTS	importance SPORTS	importance SPORTS	SPORTS	Distance learning SPORTS	SPORTS
4-5 pm	3FUNTS	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS

Table-1: ORIENTATION OF STUDENTS TO DEPARTMENTS IN COLLEGE, HOSPITAL, FACULTY AND VARIOUS FACILITIES

		ANATOMY PHYSIOLOGY BIOCHEMISTRY FIRST YEAR COMMON ROOM LIBRARY	PATHOLOGY MICROBIOLOGY PHARMACOLOGY FORENSIC MED SECOND YEAR COMMON ROOM CENTRAL CANTEEN	SPORTS ROOM HOSTELS OPD RESPIRATORY MED DERMATOLOGY PEDS	SPORTS GROUND CENTRAL LAB OPHTHALMOLOGY ENT GEN.SUREGERY	CASUALTY BLOOD BANK RADIOLOGY SUPERSPECIAILTY OPDs ORTHOPEDICS PHYSIOTHERAPY	GENERAL MEDICINE OBG OPERATION THEATERS
		READING ROOM		PSYCHIATRY			
1-8-19	Thursday	A	В	С	D	E	F
2-8-19	Friday	F	А	В	С	D	E
3-8-19	Saturday	E	F	A	В	С	D
5-8-19	Monday	D	E	F	A	В	С
6-8-19	Tuesday	С	D	E	F	A	В
7-8-19	Wednesday	В	C	D	E	F	А

TIMETABLE WEEK-2							
TIME	8-8-19 Thursday	9-8-19 Friday	10-8-19 Saturday	13-8-19 Tuesday	14-8-19 Wednesday	16-8-19 Friday	17-8-19 Saturday
9-10am	Visit a community health center Introduction to health care workers	Visit a community health center Introduction to health care	Concept of professionalism	Concept of ethics	Consequences of unethical behaviour	Consequences of unprofessional behaviour	Value of integrity, honesty and respect during interaction with peers
10-11am	and their role(Group A,B,C) Visit to UHC(Group D,E,F)	workers and their role(Group D,E,F) Visit to UHC(Group A,B,C)	ROLE PLAY & MOVIE	ROLE PLAY & MOVIE	ROLE PLAY & MOVIE	ROLE PLAY & MOVIE	ROLE PLAY & MOVIE
11-12pm	Introduction to and interaction with patients of RHC for Group (A,B,C)	Introduction to and interaction with patients of RHC for Group (D,E,F)	Time management	Interpersonal relationships	Communication with patient and families	Self directed learning	Assessment driven learning
12-1pm	Introduction to and interaction with patients of UHC for Group (D,E,F)	Introduction to and interaction with patients of UHC for Group (A,B,C)	Stress management	Interpersonal Communications	Learning strategies	Group Learning and peer assisted learning	Learning from patients and other members of the health care team
1-2pm			LUN				
				See Table -2			
2-3 pm	LANGUAGE/ COMP	LANGUAGE/ COMP	LANGUAGE / COMP	LANGUAGE / COMP	LANGUAGE / COMP	LANGUAG / COMP	LANGUAGE / COMP
3-4pm	LANGUAGE/ COMP	LANGUAGE COMP	LANGUAGE/ COMP	LANGUAGE / COMP	LANGUAGE / COMP	LANGUAGE/ COMP	LANGUAGE / COMP
4-5pm	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS

	2pm-4pm	Local language programme	English language programme	E learning & Self Directed learning	Use of online resources	Distance learning	Literature search
8-8-19	Thursday	А	В	С	D	E	F
9-8-19	Friday	F	А	В	С	D	E
10-8-19	Saturday	E	F	A	В	C	D
13-8-19	Tuesday	D	E	F	А	В	С
14-8-19	Wednesday	С	D	E	F	А	В
16-8-19	Friday	В	С	D	E	F	А
17-8-19	Saturday	Test in LANGUAGE/ COMP					

Table-2: LANGUAGE AND COMPUTER SKILLS IN THE 2ND WEEK

	TIMETABLE WEEK-3									
TIME	19-8-19	20-8-19	21-8-19	22-8-19	23-8-19	24-8-19				
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
9-10am	Value of integrity, honesty and respect during interaction with seniors	Value of integrity, honesty and respect during interaction with faculty	Value of integrity honesty and respect during interaction with patients	Value of integrity honesty and respect during interaction with patients	Value of integrity honesty and respect during interaction with patients	Value of integrity honesty and respect during interaction with other health care workers				
10-11am	Movie/Role play	Movie/Role play	Movie/Role play	CASE SCENARIOS	CASE SCENARIOS	Movie/Role play				
11-12pm				E 3 RD WEEK -SeeTable 3						
12-1pm	Group A :Roll No 1-2	25,Group,B:Roll No26-50,	Group C:Roll No51-75, G	roup D:Roll No76-100,Gro	oupE:Roll No101-125, Gi	roup F:Roll No126-150				
1-2pm			LUN	ΝСΗ						
			See Ta	able -4						
2-3 pm	LANGUAGE / COMP	LANGUAGE/ COMP								
3-4pm	LANGUAGE / COMP									
4-5pm	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS				

		BLS	FIRST AID	LEARNING PEDAGOGY	USE OF ONLINE RESOURCES	SIMULATION BASED LEARNING	LANGUAGE
19-8-19	Monday	А	В	С	D	E	F
20-8-19	Tuesday	F	А	В	С	D	E
21-8-19	Wednesday	E	F	А	В	С	D
22-8-19	Thursday	D	E	F	А	В	С
23-8-19	Friday	С	D	E	F	А	В
24-8-19	Saturday	В	С	D	E	F	А

Table 3: SKILLS TRAINING IN THE 3RD WEEK

Table-4: LANGUAGE AND COMPUTER SKILLS IN THE 3rd WEEK

	2pm-4pm	Local language programme	English language programme	E learning & Self Directed learning	Use of online resources	Distance learning	Literature search
19-8-19	Monday	A	B	C	D	E	F
20-8-19	Tuesday	F	А	В	С	D	E
21-8-19	Wednesday	E	F	А	В	С	D
22-8-19	Thursday	D	E	F	А	В	C
23-8-19	Friday	С	D	E	F	А	В
24-8-19	Saturday	В	С	D	E	F	A

	TIMETABLE WEEK-4								
TIME	26-8-19 Monday	27-8-19 Tuesday	28-8-19 Wednesday	29-8-19 Thursday	30-8-19 Friday	31-8-19 Saturday			
9-10am	Functioning as a part of health care team	Group dynamics	Introduction to research	MENTORSHIP	CADAVERIC OATH	REFLECTIVE WRITING			
10-11am	Functioning as a part of health care team(ROLE PLAY)	ROLE PLAY	STS projects	DIVISION OF MENTORS	ANTI RAGGING GUIDELINES	WHITE COAT CEREMONY			
11-12pm	Functioning as a part of health care team(GROUP ACTIVITY)	Group activity	How to select a topic	Election of class representative	Introduction to antiragging committee	WHITE COAT CEREMONY			
12-1pm	Community based le	earning ,Learning fro	m patients and othe	er members of the h	ealth care team: Se	e table-5			
1-2pm			LUI	ΝСΗ					
2-3 pm	Group discussion	Group discussion	Group discussion	Group discussion	Group discussion	Group discussion			
3-4pm	LANGUAGE / COMP Searching and selecting a topic for project in groups	LANGUAGE / COMP Literature search for the topic	LANGUAGE/ COMP Compilation of the project	LANGUAGE / COMP Presentation by group A,B,C	SPORTS	FEEDBACK BACK OF FOUNDATION COURSE			
4-5pm	LANGUAGE / COMP Searching and selecting a topic for project in groups	LANGUAGE / COMP Literature search for the topic	LANGUAGE / COMP Compilation of the project	LANGUAGE / COMP Presentation by group D,E,F	SPORTS	SPORTS			

Table-5:COMMUNITY BASED LEARNING, LEARNING FROM PATIENTS AND OTHER MEMBERS OF THE HEALTH CARE TEAM

		GENERAL MEDICINE RESPIRATORY MED OPDs	DERMATOLOGY PEDS PSYCHIATRY OPDs	OPHTHALMOLOGY ENT GEN.SUREGERY OPDs	OBG RADIOLOGY SUPERSPECIAILTY OPDs	ORTHOPEDICS PHYSIOTHERAPY OPDs	CASUALTY OPERATION THEATERS
26-8-19	Monday	А	В	С	D	E	F
27-8-19	Tuesday	F	А	В	С	D	E
28-8-19	Wednesday	E	F	А	В	С	D
29-8-19	Thursday	D	E	F	А	В	С
30-8-19	Friday	С	D	E	F	А	В
31-8-19	Saturday	В	С	D	E	F	A

Subjects/ Contents	Recommended teaching hours
Orientation ¹	30
Skills Module ²	35
Field visit to community health center	8
Professional Development including ethics	40
Sports and Extracurricular activities	22
Enhancement of language/ computer skills ³	40
	175